



- Good forward planning reduces the need for an emergency stop
- Mirror checks are not required as they reduce reaction time
- Minimum stopping distance when travelling at 30mph is approximately 6 car lengths
- Clutch should be applied at last moment to allow the benefit of engine braking



**SKID CONTROL**

**Front:** release brake slightly and reapply (non ABS)

**Rear (back swings to left):** steer left

**Rear (back swings to right):** steer right



**ANTI-LOCK BRAKES**

**Check:** when driving a different vehicle, check to see if it has ABS

**Benefit:** cars fitted with ABS allow you to steer

**Cars without ABS:** cars without ABS require cadence braking